

Patent Vitellointestinal Duct with Patent Urachus Presenting as Umbilical Discharge

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ABSTRACT

Patent urachus with patent vitellointestinal duct is a rare combination to present in the same patient. We present a rare case of one year old male child with such a condition presenting with complaint of discharge from umbilicus along with severe anaemia and an umbilical granuloma. On exploratory laparotomy, patent tracts joining umbilicus to ileum and umbilicus to apex of urinary bladder were found. Both the tracts were excised and appropriate closure was done. Patient had been under follow up and is doing well.

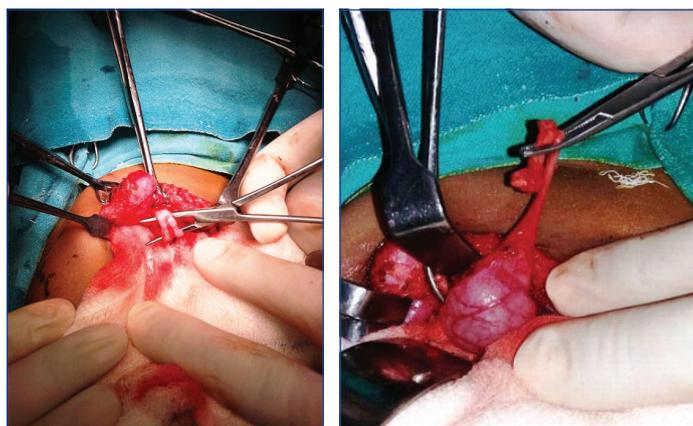
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CASE REPORT

A one year old male child was admitted in paediatrics ward with severe anaemia and was referred to the department of surgery with the complaint of umbilical discharge present since birth. It was associated pain and itching in periumbilical region. He was born at full term by normal vaginal delivery. Patient was under treatment for the umbilical discharge but the symptom did not relieve. On examination, an umbilical granuloma was seen. A provisional diagnosis of patent vitellointestinal duct was made and exploratory laparotomy was done. A fistulous tract communicating ileum to the umbilicus was seen. Another tract connecting umbilicus to the apex of the urinary bladder was also present [Table/Fig-1]. After probing the tract, there was outflow of urine. Both the tracts were meticulously separated, ligated and appropriate closure was done [Table/Fig-2]. This included the wedge resection of the part of ileum where the tract was communicating and excision of the urachus along with a cuff of bladder. Umbilical granuloma was cauterised. Postoperative period was uneventful and the patient is now doing well.

DISCUSSION

Umbilical disorders can result from failure of an embryologic process.



[Table/Fig-1]: Two tracks connected to umbilicus, showing patent vitellointestinal duct and patent urachus. **[Table/Fig-2]:** Tract communicating to ileum after excision of patent urachus and separating both the tracks from the umbilicus.

Incidence of patent vitellointestinal duct (omphalomesenteric duct) varies from 1 in 5000-8000 while that of patent urachus are still rare, ranging from 1-2 per 100000 [1]. The combined presence of both the anomalies is very rare. Vitellointestinal duct appearing in the beginning of embryonic life as a long tubular structure, connects the midgut to the yolk sac. It regresses during fifth to ninth week of fetal development [2]. If the lumen does not completely obliterate, it can result in patent vitellointestinal duct. Meckel's diverticulum is the most common anomaly among the persistence of the duct while patent vitellointestinal duct is the rarest [3].

The lumen of the urachus usually obliterates into a thin fibrous cord by birth, but its failure results in patent urachus in which the entire tract is intact [4]. It presents as umbilical discharge which may be serous or serosanguinous. It may also present as an umbilical granuloma. Exploratory laparotomy with excision of the tract should be carried out. Usually these cases are detected within few weeks of life as seen in the literature available, but in our patient it was detected at an age of 1.5 years [5-7].

CONCLUSION

The patent vitellointestinal duct with patent urachus is very rarely seen together and this diagnosis may be missed preoperatively and should be kept as a possibility in patients presenting with umbilical discharge since birth, with or without the presence of umbilical granuloma.

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